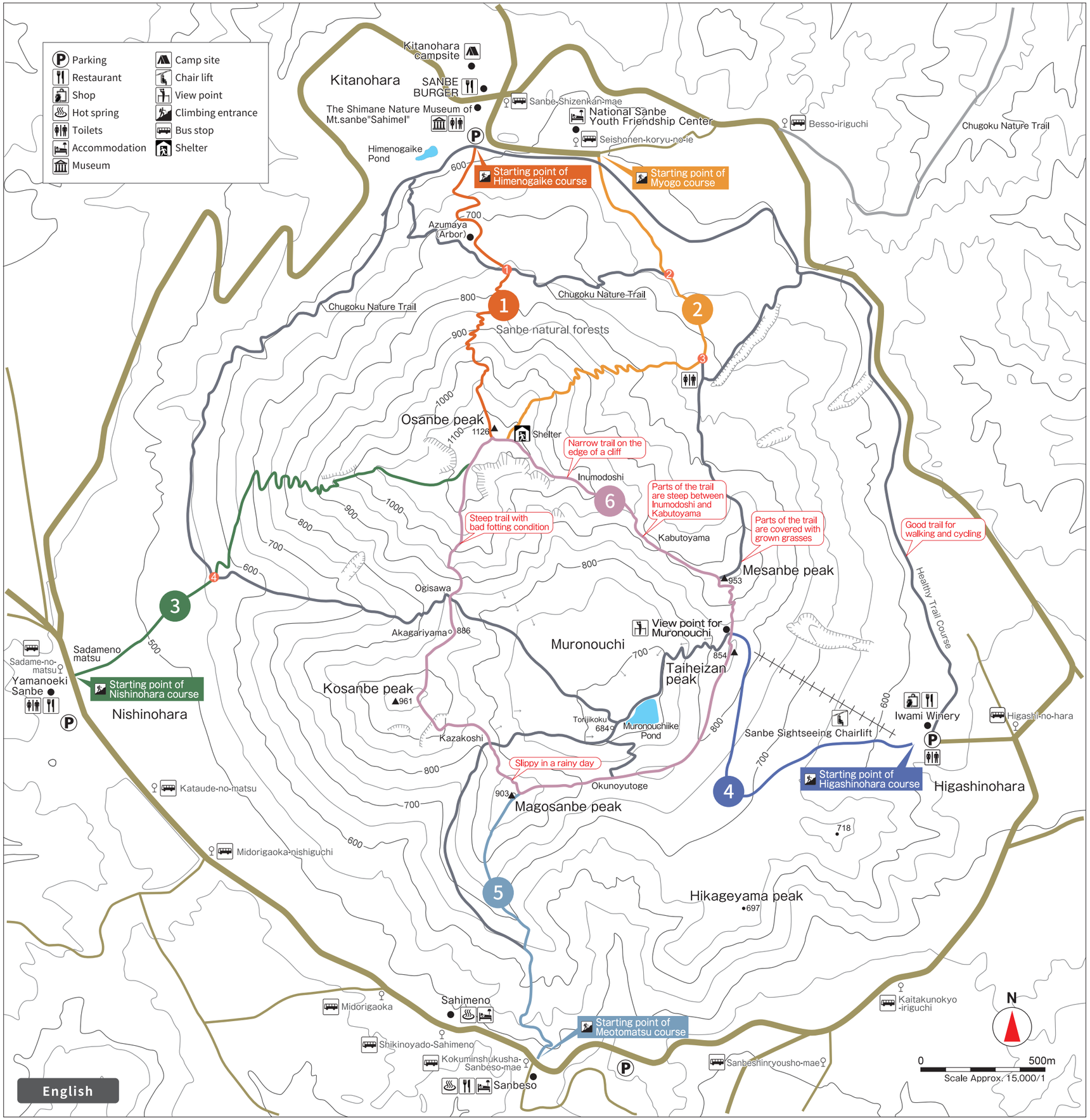


Mt. Sanbe Mountain Climbing Map

Main climbing courses

1 Himenogaike course
Time required: approx. 80 to 120 minutes

The shortest course from near the "Sahimel" Sanbe Nature Museum to the summit of Osanbe peak

2 Myogo course
Time required: approx. 90 to 130 minutes

A course that goes through the Mt. Sanbe natural forest, a Nationally Designated Natural Monument, to the summit of Osanbe peak

3 Nishinohara course
Time required: approx. 100 to 140 minutes

A course with a great view which goes from the Nishinohara meadow to the summit of Osanbe peak

4 Higashinohara course
Time required: approx. 60 to 70 minutes

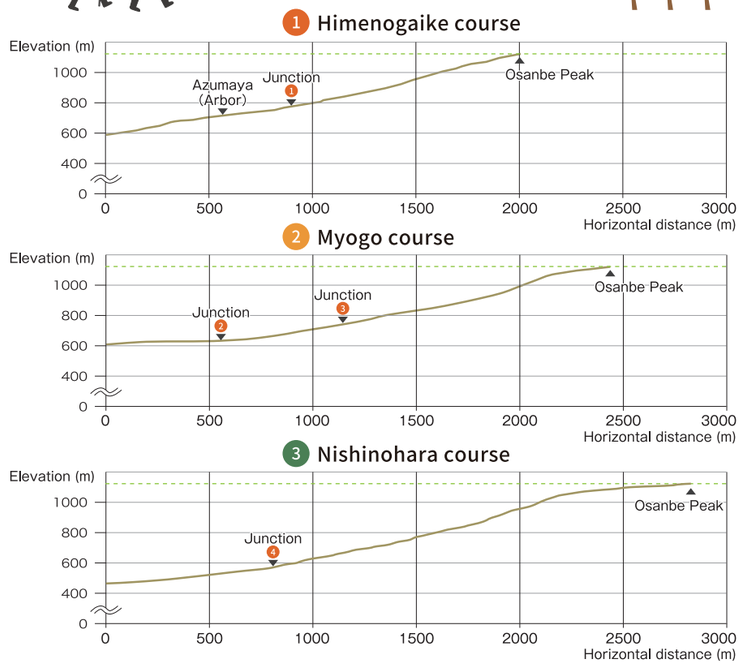
A course which goes from the Higashinohara parking lot along the direction of the sightseeing lift towards the summit of Mesanbe peak

*The Sanbe Sightseeing Chairlift is in operation from April to November

5 Meotomatsu course
Time required: approx. 60 to 80 minutes

A course from near the Sanbe Onsen to the summit of Magosanbe peak

6 The traverse course
Time required: approx. 4 to 6 hours per lap

A course that goes around the Osanbe, Mesanbe, Taiheizan, Magosanbe, and Kosanbe peaks

Trail cross sections